

V. PCMO APPLICANT SKILLS SURVEY

Name _____ Date _____

Indicate your comfort level with each of the skills listed below by typing or printing an X in the appropriate column.

| SKILL | Level of comfort? | | | |
|---|-------------------|----------|-----|-----------------------|
| | High | Moderate | Low | Do not feel competent |
| I. Health Education and Prevention | | | | |
| Individual patient education | | | | |
| Planning and conducting group health education sessions (PST, IST, COS) | | | | |
| Development of health education handouts and newsletters | | | | |
| Administration of immunizations (IM, SC) | | | | |
| Indications and contraindications for immunization for: | | | | |
| MMR, polio, tetanus | | | | |
| Hepatitis B | | | | |
| Typhoid, meningitis | | | | |
| Administration and interpretation of PPD skin test (intradermal) | | | | |
| INH therapy for PPD converters | | | | |
| Selection of malaria prophylaxis | | | | |
| II. Clinical Care | | | | |
| Medical history for common health problems | | | | |
| Comprehensive medical history and review of systems | | | | |
| Comprehensive physical examination | | | | |
| Monitoring and management of stable, chronic conditions | | | | |
| Coordinate referrals to specialist(s) | | | | |
| Evaluation and stabilization for acute, severe illnesses | | | | |
| Evaluation and stabilization for major trauma | | | | |
| SOAP note documentation | | | | |

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| Specific examination skills: | | | | |
| Retinal (ophthalmoscopic) | | | | |
| Ear canal and drum | | | | |
| Oral exam (acute dental pain) | | | | |
| Chest (percussion and auscultation) | | | | |
| Cardiac (murmurs) | | | | |
| Breast | | | | |
| Abdominal tenderness or masses | | | | |
| Rectal and prostate | | | | |
| Vaginal - visualization of cervix, PAP | | | | |
| Vaginal - uterus, tubes, ovaries | | | | |
| Basic exam of major joints (shoulder, knee, etc.) | | | | |
| Neurologic status | | | | |
| Mental status | | | | |
| Phlebotomy (venous blood samples) | | | | |
| Administer IM medications | | | | |
| Administer IV medications | | | | |
| Insert IV catheters | | | | |
| Select and administer IV fluids | | | | |
| Insert urethral catheters | | | | |
| Incision and drainage of abscesses | | | | |
| Basic suturing | | | | |
| Biopsy (simple) of skin lesion | | | | |
| Application of casts and splints | | | | |
| Record ECGs | | | | |
| Interpret: | | | | |
| Lab reports (chemistry, serology, hematology) | | | | |
| Chest xray films | | | | |
| Xray films of common fractures/etc | | | | |
| ECG tracings | | | | |
| Contraceptive counseling | | | | |
| STD/HIV risk counseling | | | | |

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| Clinical management of: | | | | |
| Common skin disorders | | | | |
| Abrasions and burns | | | | |
| Upper respiratory tract infections | | | | |
| Allergic rhinitis | | | | |
| Asthma (outpatient) | | | | |
| Pneumonia | | | | |
| Hypertension | | | | |
| Diarrhea | | | | |
| Gastroenteritis/gastritis | | | | |
| Urinary tract infections | | | | |
| Menstrual disorders | | | | |
| Prenatal care (uncomplicated) | | | | |
| Vaginal discharge | | | | |
| STDs | | | | |
| Forensic evidence collection post sexual assault | | | | |
| Musculoskeletal back pain | | | | |
| Minor orthopedics | | | | |
| Anemia | | | | |
| Diabetes | | | | |
| Hypothyroidism | | | | |
| Seizure disorders | | | | |
| Acute febrile illness | | | | |
| Pulmonary TB (active) | | | | |
| In general, do you provide or prescribe medications for the above conditions: | | | | |
| via written guidelines | | | | |
| via consultation with MD | | | | |
| via personal knowledge and experience | | | | |
| <hr/> | | | | |
| III. Mental Health Support | | | | |
| Evaluation/limited counseling for: | | | | |
| Interpersonal problems | | | | |
| Anxiety | | | | |
| Depressed mood | | | | |
| Alcohol or drug abuse | | | | |

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| Acute depression | | | | |
| Panic attacks | | | | |
| Suicidal ideation | | | | |
| Psychosis | | | | |
| IV. Administration and Program Management | | | | |
| Maintaining medical confidentiality | | | | |
| Planning and budgeting | | | | |
| Medical supplies and pharmacy inventory management | | | | |
| Hospital/clinic assessment | | | | |
| Physician/consultant assessment | | | | |
| Planning and conducting prevention programs (screening programs, smoking cessation, etc.) | | | | |
| Reporting of cases for epidemiological/public health analysis | | | | |

Additional comments: